

# elevate24

Refresh, Refocus, Reignite

**MAY  
1-2**  
A LIVE STREAM  
EXPERIENCE

A transformative virtual event that will provide expertise, motivation, and practical skills to strengthen your role as a caregiver

## WEDNESDAY, MAY 1<sup>st</sup> | 10am - 2pm CT



**Fran Kick MA, CSP**  
10:00AM CT

### Refresh Yourself, Refocus Perception, Reignite Self-Motivation

Does your life feel like that plate-spinning act in a circus? Fear you are missing out on opportunities because of all the busyness of being busy? Wonder why some people see things one way and you see them another? In this session, you'll experience "the magic" of how levels of self-motivation inspire you and your colleagues to make things happen. Not because you have to, because you want to!



**Mira Rollins OTR**  
12:00PM CT

### Harmony in HealthCare Teams: Building Stronger Interdisciplinary Connections through Successful Conflict Resolution

The fast paced and dynamic nature of healthcare requires team collaboration, but often brings about collision. This session will give you a specific road map to successfully navigate and effectively resolve conflict. Through the use of real life scenarios, participants will learn to apply a conflict resolution matrix that will radically improve communication, culture and productivity.



**James Robbins**  
11:00AM CT

### The Second Paycheck: Leveraging the Power of Purpose to Boost Your Performance

In the heart of rural communities, healthcare professionals face distinct challenges, which is why we want to leverage the incredible power of purpose; the Second Paycheck. Purpose is the cornerstone of motivation for healthcare workers and tapping into it can unlock hidden potential. This session will give a path to foster a purpose-driven life that motivates you, and inspires those on your team.



**Nate Regier PhD**  
1:00PM CT

### How To Break Free from Workplace Drama with a Compassionate Accountability Narrative

Managers lead complex and often high-stakes projects in an unforgiving environment. The narratives that leaders cultivate can amplify drama, or bring teams together. In this session you will gain insight into why narratives matter, learn to recognize three counterproductive drama narratives and get tips for cultivating a Compassionate Accountability Narrative to help build connection and get results.

## THURSDAY, MAY 2<sup>nd</sup> | 10am - 2pm CT

**Clint Maun CSP**  
10:00AM CT

### Finding and Keeping Great Coworkers

Despite staffing challenges, success is attainable using a team approach to improve retention, selection, and recruitment. By working as a team, you can reduce turnover, minimize agency utilization, attract high-quality staff, decrease absences, and boost staff engagement. Join Clint to discover actionable techniques on staffing with skilled nursing, assisted living, housing and human service organizations.



**Michele Matt CSP, CVP**  
12:00PM CT

### Live Up: Create Joy & Balance in Your Life

Feeling overwhelmed or anxious because you have too much to do and not enough time or energy to get it done? In this session, participants will learn a sampling of strategies to: tune up negativity, speak up expectation, change up bad habits, clean up non-valuable, and set up new routines.



**Larry Chatterton**  
11:00AM CT

### Maximizing Organizational Performance: Unleashing the Power of Energy

Unlock the hidden potential within your organization by mastering the art of energy management. In this session, we delve deep into the fundamental principle that organizational performance hinges on the vitality of its people. Larry will equip you with the knowledge, tools, and techniques needed to elevate energy management from a vague concept to a tangible driver of organizational excellence.



**Brian Lee CSP, HoF**  
1:00PM CT

### What If?

Success is not what you know, it's what you do with what you know. What if you were able to refresh, refocus and reignite everything that inspired you during Elevate24. What if you had a step-by-step guide to capture the best of the best and make it a reality for your patients, peers, and yourself. Join Brian to learn how you can turn your *what ifs* into *we did its*.



## Our Watch Party Details