

# The HCAHPS

Breakthrough Series™ Webinars

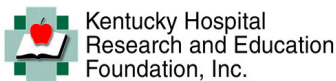
 Custom Learning Systems

#9 Responsiveness of Staff

# Revolutionize Staff Responsiveness™



ALASKA STATE HOSPITAL & NURSING HOME ASSOCIATION



## Revolutionize Staff Responsiveness™

*To create a culture of empathetic, timely, responsive service*

*“Stop reacting – start interacting”*

– Brian Lee, CSP & David Dworski, BA

**Everyone is a Caregiver. We’re all First Responders.**

**Question:** *Does your current culture truly support these **responsive** values?*

- 1. Everyone is a caregiver*
- 2. We’re **all** first responders*

*If not, how **committed are you** to changing the situation?*

**Responsiveness Defined:**

from Latin: *spondere*: To **pledge oneself**; to promise **solemnly**; to **engage**

## HCAHPS Domain – Responsiveness

### Survey Question #1: Call button response

*During this hospital stay, after you pressed the call button, how often did you get help as soon as you wanted it?*

The Key to earn an “ALWAYS” on question #1:

- Assist with **elimination needs** (restroom or bedpan)
- Assist with **eating and hydration** needs
- Discern **breathing problems** and intervene.
- Discern **bodily discomfort** and intervene.
- Discern **anxiety or emotions** requiring intervention/immediate attention
- Provide a **safe(r) environment**
- Skills to **reposition**
- Skills to **facilitate transfer**
- It says “**call button**” and it says “**help**” but in the mind of many patients when thinking about their hospital stay, “help” means from **all those they were served by**, from Admitting to Discharge.

### Survey Question #2: Bathroom response

*How often did you get help in **getting to the bathroom or in using a bedpan** as soon as you wanted?*

The Key to Earn an “ALWAYS” on Question #2:

- It’s not about just getting them a bedpan or to the bathroom. It’s doing this in a way that sees to the patient’s comfort and dignity at difficult times.

#### The Point is:

It’s not just *answering* the call light...It’s about an **attitude** of **empathic timely service** to patients and their families in **gracefully** fulfilling their request

#### Domain Leadership Owners

CEO, CNO, COO, Nurse-Managers, Nurse Supervisors, and all Managers in all departments throughout the hospital:

#### Domain Staff Owners

- |                  |                       |
|------------------|-----------------------|
| • Nurses         | • Lab                 |
| • CNA’s          | • Dietary             |
| • Physicians     | • Physical Therapy/OT |
| • Hospitalists   | • Imaging             |
| • Pharmacy       | • Transporters        |
| • Unit Secretary | • ER                  |
| • Receptionist   | • Business Office     |
| • Housekeeping   | • Maintenance         |

HCAHPS Domain - Responsiveness (cont'd)

**Current National Threshold is;**  
(Rated a 4 – “Always”)

**66%**

What’s yours? \_\_\_\_\_%

**Some Facts about Responsiveness:**

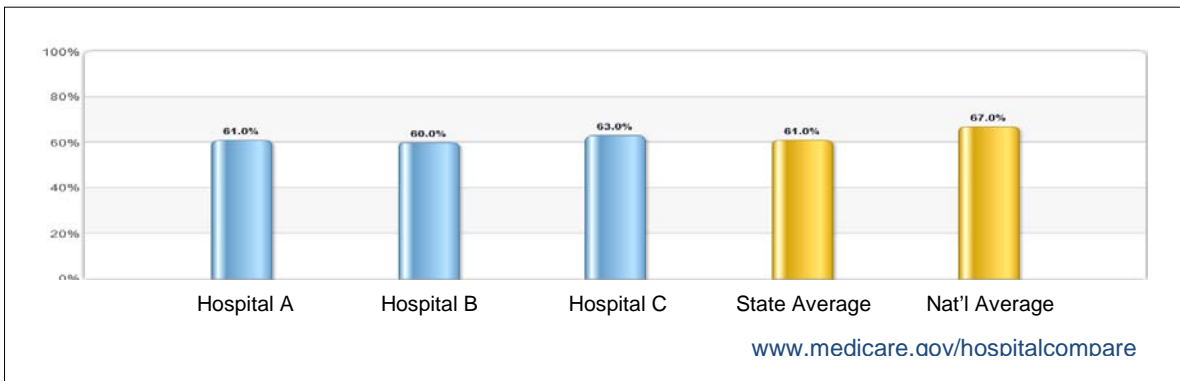
- **Responsiveness of Staff** is consistently the third lowest-scoring HCAHPS domain.
- Only **Communication about Medication** and **Quiet at Night** rank lower.
- The best **Responsive** hospitals in U.S, (95<sup>th</sup> %tile) receive 83%+ “Always.”

**Why Responsiveness of Staff Matters:**

*“It doesn’t take an **instant** more, or cost a **penny** more to be **empathetic**, than it does to be **indifferent**.”*

- Brian Lee, CSP

- 1. Responsiveness:** *Between you and your competitors who all offer the same services at the same price in the same time frame. It’s your front line’s attitude of responsive service that **defines the patient’s experience**.*
- 2. Responsiveness Prevents Falls:**  
Average cost: **\$4,000 to \$11,000**
- 3. Responsiveness = Compassionate Care**
- 4. Responsiveness of Staff ratings are public**  
Example: Patients who reported that they "Always" received help as soon as they wanted.



**The Antidote for Excuses is:**

1. Education
2. Engagement
3. Empowerment

## Crucial Leadership Engagement Best Practice

### Culture of Responsiveness

- We've invested **20 years** in training, installing, and *continuously improving* nine best practices.
- Implement them and **your scores will improve** and achieve **sustainability**.
- The **first one** is HOW you permanently **create a culture of responsiveness**.

### *Our Most Solemn Recommendation:*

Educate, Engage, and Empower your front line *now!*

### The top two fatal mistakes hospitals make when trying to improve HCAHPS scores:

1. They assume managers and staff **know** what to do. (In many cases, they don't).  
The Answer: **Education!**
2. They assume frontline staff **want** to improve.  
(But staff lacks ownership: Never asked to take part in decisions about their work)  
The Answer: **Engagement!**

*“Give me a lever long enough...and single handed, I can move the world.”*

– Archimedes

### Lever = Education

### Three Questions:

1. *Where are your staff learning the **interpersonal skills** needed for a **therapeutic connection** with patients?*
2. *How **effective** have you been thus far in **educating nursing and other clinicians** about HCAHPS competencies, skills and best practices?*
3. *How **successful** will you be if you don't accomplish these educational goals?*

### Not-an-Option Must haves:

*Everyone IS a caregiver ... but not everyone requires the same skills to be successful*

*When it comes to HCAHPS success there are 3 sets of core competencies for:*

*#1 Everyone*

*#2 Nursing*

*#3 New Hire Orientation*

### 1. HCAHPS-Based Patient Experience Skills for Everyone

*Provide 3 hours of core Patient Experience/HCAHPS education for **everyone**.*

### 2. Relationship-Based HCAHPS Skills for Nursing

*Provide an additional 3 hours of HCAHPS- specific patient experience education for **nurses**.*

### 3. HCAHPS-Based Patient Experience Orientation for New Hires

*Provide a 3 hour Patient Experience/HCAHPS education for all New Hires **during Orientation/Onboarding***

Crucial Leadership Engagement Best Practice (cont'd)

**NOTE: Don't Confuse Quality Effective Staff Education with:**

- A 5-10 min. review at a **staff meeting**
- A brief mention at a **Town Hall meeting**
- Sending out an **email**
- A posting on a **bulletin board**

**Front Line Training Options:**

- a. Frontline peer-based Train-the-Trainer
- b. Webinars
- c. e-Learning
- d. Instructor-led classroom training

### Frontline Peer-Based Train the Trainer

*“You'll never solve your patient service problems until your  
frontline are engaged and own them.”*

– Brian Lee, CSP

**4 Steps of Sustainable Frontline Education, Engagement & Empowerment:**

**Recommendation #1:**

*Recruit and engage the “Best of your Best” frontline stars*

**Recommendation #2:**

*To teach an annual 3 hour HCAHPS-based **Patient Experience Workshop** to everyone.*

**Recommendation #3:**

*Consider Implementing an Empowered Frontline Train the Trainer™ Concept*

- Frontline/non-management
- Terrific attitude
- Demonstrated commitment to patient satisfaction
- Empowered Frontline Leaders can be called:
  - Service Champions
  - Value Added Service Providers
  - Ambassadors
  - Service Advocates
  - P.A.L.'s
  - **Service Excellence Advisors**
- Appointed for a one-year term
- SEAs are recruited at a ratio of 1 for 10-20 staff
- And teach a 3 hour HCAHPS-based Service Excellence Workshop to their peers
- SEAs participate in a 2-day Train-the-Trainer Course
- The Service Engagement Advisor Train-the-Trainer Course Graduation Celebration

**Question:** What service skills do you want **everyone** to have?



*Frontline Peer-Based Train the Trainer (cont'd)*

*Be sure your training is equally relevant to:*

**Ancillary Departments**

Admitting  
Behavioral Health  
Business Office  
CCU  
Dietary  
Engineering/Maintenance  
Environmental Services

Internal Transport  
Laboratory  
Pharmacy  
Physical Therapy/OT  
Radiology  
Security  
Valet Parkers

**and Major Services**

Ambulatory Surgery  
Emergency  
Outpatient  
Clinics

**Question:** What would it mean to you if your staff ‘owned’ and felt accountable for your patient experience/HCAHPS scores?

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**The Culture Change “Tipping Point” Formula:**

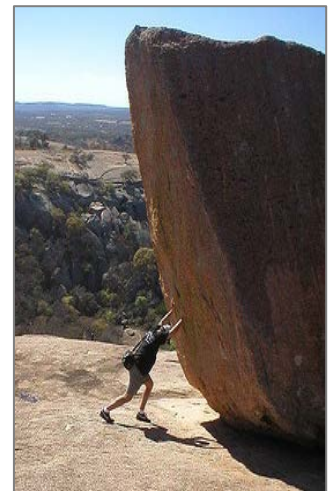
The Goal = 20% engagement  
5% Leadership + 15% Frontline Staff= 20%

**Recommendation #4:**

*Schedule monthly staff “DO IT” Meetings that engage everyone to eliminate priority dissatisfiers.*

**Recommendation #5:**

*Schedule a weekly 15 minute staff **Service Huddle***



*“The only thing worse than **training** your employees and losing them, is **not training them and keeping them.**”*

- Zig Ziglar

**Team DO IT Recommendations**

1. Annual - 2 day Train the Trainer Course
2. Annual - 3 hour Service Skills Workshop
3. Monthly - 1 hour DO IT Meeting
4. Weekly - 15 min. Service Huddle

**NOTE:** *See your front line education process as both your: Patient Experience improvement process and your Retention and Engagement system*

*“For culture change to work just fine, it must be led from the top, and the frontline.”*

- Brian Lee, CSP

*Frontline Peer-Based Train the Trainer (cont'd)***Business Impact of an Engaged Workforce:**

- 50% - lower turnover
- 56% - Higher than average Customer loyalty
- 38% - Above average productivity
- 27% - Better bottom line

Source – Blanchard Seminars

**Team DO IT Recommendations:****Step #1:** Commit to provide a **3 hour competency based HCAHPS education** for

- Everyone
- Nursing
- New Hire Education

**Step #2:** Ensure training is followed with some form of **DO IT** front line implementation meetings**Step #3:** Immediately begin weekly **Service Huddles****Question:** What do you see is the value of frontline engagement and ownership?**Responsiveness Starts at Admitting***Responsiveness starts with proactively managing expectations at admitting.***Admitting manages expectations:**

- **Informs** all new patients of your commitment to timely responses to all requests.
- **Explains** the **call light** system.
- Establishes expectations **for in-room response times.**
- Acquaints patients with **Hourly Rounding.**
- Gives patient a **“Care Promises”** laminated expectations **card, or simple illustrated brochure.**

**At Admitting “Words that work” set responsiveness expectations:***“If you send us an **urgent call**, (unexpected bleeding, shortness of breath, dizziness) you can expect us to be at your bedside as fast as we are able.”**“If you tell us this is a **normal call** for bathroom assistance, or for an intravenous concern, or a pump alarm, or for pain meds, you can expect us in five to seven minutes.”**“If you call with a **less immediately-pressing request** (you may want help in re-positioning yourself, or for information about meds, or an update or information on your health status) you can expect us within twenty minutes.”***Sample welcome conversation starter in Admitting:***“We believe **you’re the most important member of our team.** Your nurses and doctors need and **want your input** in making decisions and planning your care. If there’s anything you don’t understand, please let your caregivers know and they’ll explain it to you. **We’re all here to be as responsive to your call lights and your needs --- physically and emotionally --- in as timely a way as possible.**”*



*Responsiveness Starts at Admitting (cont'd)***What you're doing:**

- You are giving patients a **structure** for understanding how to use their call lights.
- Knowing the **levels of urgency** shapes their expectation for speed of response.
- It also saves steps, helps bedside staff **organize timely replies to patient requests**.

**Recommendation****Make these Conversation Starters into screen savers:**

- Always just a click away, these keywords are prompts that can cue you when **making new arrivals feel comfortable**.
- They help **reassure new patients** that we always stand ready to respond their various needs.

**Recommendation****Care Promises:** *Custom Design your own "Care Promises" Card/Brochure*

## Everything You Need to Know About Call Lights and More:

- Hospital mission or motto
- How the call light or phone system works
- Phone response promise (within a minute)
- Call light response promise (within 5 minutes... unless it's **urgent**... and what to do if urgent)
- Potty assist response promise
- "Help us help you..." by calling us in advance (example 20 minutes) We may be with another patient
- Hourly rounding promise – Count on it!
- Manage up about nursing staff on unit

**Team DO IT Recommendations:**

**Step #1:** Appoint a **performance improvement team** to create your own Admitting Care Promises & Responsiveness Expectations Management Card/Brochure

**Step #2:** The team should consist of members from

- Admitting
- Nursing
- ER
- Dietary, etc

**Step #3:** Once you have an approved draft, be sure to consult widely to gain a buy-in for your promises!

**Step #4:** Be sure to train your admitting and nursing staff on the competencies in **managing patient expectations**. Plan on a 30 minute lunch and learn.

**Question:** How long is too long to answer a call light?

**Answer:** "You tell those staff that when I have to pee, I can't wait!"

## Nurse Bundle

### #1. *Make Time* to Understand Patient Needs and Expectations

#### Ten Primary Reasons Patients Use Call Lights:

1. Urgent calls
2. Toileting assistance
3. Intravenous problems
4. Pain medication
5. Repositioning and transfer assistance
6. Personal assistance for food, water, etc
7. Obtaining information
8. Getting nurses' attention
9. Asking for nursing staff's companionship, and
10. Accidentally pushing the call light

#### Average length of time to answer a call light was:

- **3.57** minutes during **day** shifts,
- **3.70** minutes during **evening** shifts,
- **3.42** minutes during **night** shifts.
- Overall, a call was expected to be answered within **4 minutes**
- Call response **ranges from 3-20 mins**

#### Four Major Patient Complaints About Call Light Response:

1. **Delays** in getting call lights answered
2. **Variation** in the call light response time from a **low of less than a minute** to a **high of 20 minutes**
3. **Amount of time** it took to handle the patient's request once the light was answered
4. **Failure to fulfil** the patient's request once the call light was answered.

#### Responsiveness: *What's the remedy for each situation?*

- **Unoccupied time**
- **Uncertain waits**
- **Unexplained waits**
- **Unfair waits**
- **Solo waits**


### #2. *Make Time* for changing Nurse Call Light Beliefs

#### The AHRQ statistics are scary

*They help explain why most "Responsiveness" scores are low.*

You can change RN's attitude to call light importance by taking the action-steps this webinar recommends:

- **Educate:** Stress Responsiveness as emotional support
- **Engage:** Give plentiful recognition for timely call responses
- **Empower:** RNs to make well-informed call light decisions

 <b>Nursing Staff Opinions on Call Lights</b>	
Opinion on Call Lights	% positive responses
Most of the reasons for call lights are meaningful	77%
Most of the call lights require nursing staff's attention and care	52%
Most of the call lights pertain to patient safety	49%
Answering call lights prevents you from doing the critical aspects of your role	53%
<p><b>Nearly half of the nurses in the study did not perceive answering call lights as a critical aspect of their role</b></p>	
<small>Source: Tzeng Huey-Ming. "Perspectives of staff nurses of the reasons for and the nature of patient-initiated call lights: an exploratory survey study in four USA hospitals" BMC Health Services Research 2010, 10:52.</small>	

Nurse Bundle (cont'd)

### #3. Make time to meet and manage patient expectations

- Respond well by managing time well.
- Remember: for the patient **anxiety** makes waits seem longer.
- **Don't force** patients to play the waiting game.
- Manage their “responsiveness” expectations.

**Team DO IT Recommendation:**

#### Step #1 Conduct a System/Process Audit

- Is your call light system effective? Dependable?
- Change call light systems requiring messages be relayed to RN. Call should go direct
  - Are wireless phone an option?
  - List direct Staff phone numbers on white board, for direct call to RN
- Meet expectations for response times

#### Step #2 Integrate your Call Light technology with your phone system

#### Step #3 Establish Patient Expectations During Bedside Report or at First Hourly Round.

**Have You?**

- Agreed on an in-room response-time?
- Shared it with patients? *It typically takes 5 to 7 minutes for a caregiver to get to your room after you press the call button.*
- Reminded patients it's necessary to call for assistance **before it becomes urgent?**

**Suggestions for timely responsiveness:**

*“You can be most helpful to us when you anticipate your needs for assistance to the bathroom.”*  
*“So, don't ignore those first, distant urges, give us a call! Sooner is better than later!”*

#### Step #4 Share Nursing Skills, Tips, Best Practices and Insights

Schedule a 30 minute nursing lunch and learn to show this webinar module and encourage sharing of personal best practices.

*“A candle loses nothing lighting another candle.”*

- Anonymous

#### Step #5 Gain buy-in from all leadership for a organization-wide “No Pass Zone” policy

**Question:** What skill, or technique would you like to share with yours peers?  
 What can you do better or differently now?

## Nurse Bundle – Purposeful Hourly Rounding:

- **Happier**, more satisfied **patients**
- **Fewer call light interruptions** in your day
- More **free time** for your other tasks
- More control over your **daily schedule**
- A **quieter unit** throughout the day

### Purposeful Rounding Studies\* Show:

- **50%-52%** reduction in patient falls
- **14%** reduction in pressure ulcers/skin breakdowns
- **37- 38%** reduction in call lights
- **9- 12** point increase in patient satisfaction
- In addition, one hospital measured a **20% reduction in the distance walked each day** by the nursing staff

\* *September 2006 American Journal of Nursing on Hourly Rounding*

\* *Source: Leighty, John. “Hourly Rounding Dims Call Lights” www.Nurse.com December 4, 2006 Meade, Christine M. et al “Effects of Nursing Rounds on Patients’ Call Light Use, Satisfaction and Safety” American Journal of Nursing September 2006*

### When to Round with Purpose:

- **9 - 12** point increase in patient satisfaction
- A member of staff visits each patient
  - Hourly from 6 am to 10 pm
  - Every 2 hours between 10 pm
  - and 6 am
- Nurses and nursing assistants alternate visits

### How It Works:

#### 3 P’s

- **Pain:** Evaluate the pain level
- **Position:** Help the patient get comfortable
- **Potty:** Offer help using the toilet

### Why Focus on the 3 P’S?

Hourly Rounding – Evidence indicates the Top Five Changes in Patient Requests

#### 4 R’s Rx: Provide any needed medication (*RN visits only*)

- **Reach:** Are all the patient’s needs (call light, phone, reading materials, etc.) within easy reach?
- **Respond to questions:** Ask if there’s anything else the patient needs. *“I have the time...”*
- **Reassure:** Express care and concern. Let patient know at what time next rounding visit will occur. Reassure responsiveness available via call light.

*Nurse Bundle –Purposeful Hourly Rounding (cont’d)*

**Prior to Leaving:**

- Ask: “Is there anything else I can do for you while I’m here?”
- Set expected return: “I’ll be back in **about** an hour...”
- “Meanwhile, there’s pencil and a pad on your bedside table. If you think of questions for me or the Doc, write ’em down and we’ll talk about them when I’m back...”
- Reduces anxiety and encourages patient to “store” small things they need if they know when someone is coming back.

**Recommendation:** Customize your 3 “P”s by Unit

**Pop Quiz:** How do you know if your hourly rounding is working – or not?

**Recommendation:** Ask these three questions:

- |                                       |                              |                             |
|---------------------------------------|------------------------------|-----------------------------|
| 1. Are your <b>scores improving</b> ? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Do your scores <b>fluctuate</b> ?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Do you <b>know for sure</b> ?      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

**Question:** Why so many nurse leaders struggle with Hourly Rounding?

**Answer:** **Lack of Nurse Buy-in!**

**Team DO IT Recommendation:**

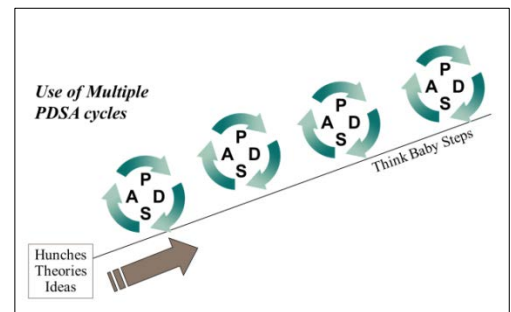
*How to get rounding to work*

1. Conduct a unit-based nurse **focus group** to pinpoint the current culture
2. Schedule a **re-vitalization class** taught by your brightest and best front line staff.  
Use role-playing (30 Mins)
3. Use **LEAN** or **PDSA** as your improvement matrix
4. Utilize the **Rapid Cycle** improvement model.

**Rapid Cycle Change Repeated**

*Use of the Cycle*

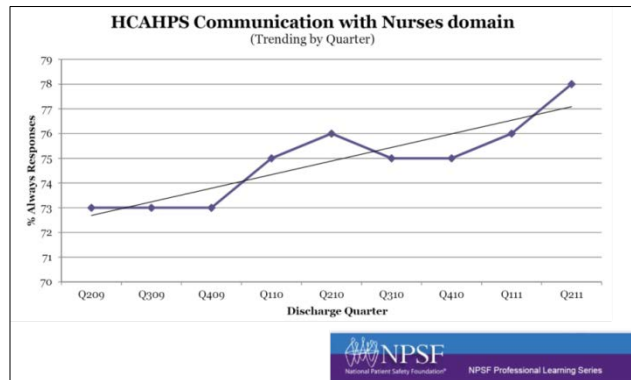
- Changes that result in improvement
  - After each cycle has demonstrated that the change can work
  - Use more cycles to help you figure out how to change
  - Do something every day! - Adapted from The Improvement Guide
5. Utilize this free webinar tool: **The Rapid Cycle Improvement Planner**
  6. Hold daily **Service Huddles**
    - Share rounding data, stories of safety & service
    - Hear complaints and grievances
  7. Appoint a unit **rounding champion**
  8. **Coach**, mentor and model
  9. **Celebrate** and acknowledge units who improve



**Question:** When and how will you re-energize Purposeful Hourly Rounding?

## Nurse Bundle – Bedside Reporting

### Evidence Based HCAHPS Results:



#### Team DO IT Recommendation:

**Step #1** Review the HBS Relationship-Based Nurse Communication Module, if you haven't done so already, and take action as recommended

**Step #2** Schedule a 30 min. nursing lunch and learn or incorporate a **Bedside Report module** in an annual 3 hour Nursing seminar/webinar

## The “Everyone’s-a-Caregiver” Bundle – Service Recovery

**Responsiveness means:** All Hands on Deck!

You don’t have to be a clinician to respond with kindness to a patient or family in duress.

**Question:** Ever forget a patient?

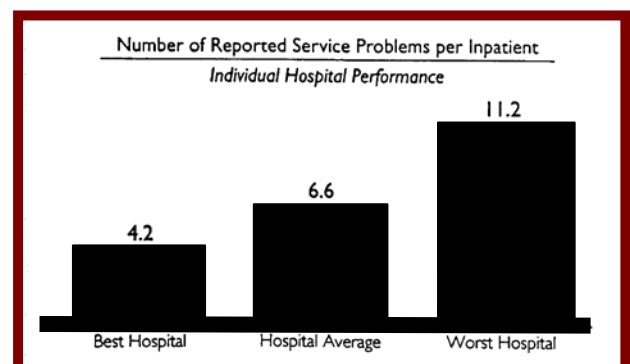
#### Recommendation:

- Implement a Critical Best Practice: **Service Recovery**
- Practice the Service Recovery Complaint Golden Rule:

*“Mess Up? Fess Up & Dress Up.”*

- Brian Lee, CSP

#### Average Service Problems Per Inpatient:



#### Recommendation:

Empower everyone to solve a complaint prevent a complaint, or show human compassion.









## Service Recovery Effectiveness

**Recommendation:**

The discretion to

- Spend up to **\$10** per person
- Or up to **\$50** per person/year

8. Please rate the service recovery policy effectiveness (5-High, 1-Low)			
		Response Percent	Response Count
5		6.9%	2
4		44.8%	13
3		24.1%	7
2		10.3%	3
1		13.8%	4
answered question			29
skipped question			1

**Question:** Do your staff require a **manager’s pre-approval** to “dress-up”?  
**Where and how** will you make service recovery empowerment a reality?

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**Team DO IT Recommendations**

**Step #1** Appoint a LEAN Performance Improvement Team to **design and hardwire** a Service Recovery Policy

**Step #2** **Educate everyone** in a classroom for 30 minutes, to **gain a buy-in** and commitment

**Step #3** Your Goal – **recognize everyone, at least once** in the first three months

**Step #4** Request a Service Recovery Tool Kit on your evaluation form

**Question:** When and how will you make Service Recovery a reality for your patients?

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### The “Everyone’s-a-Caregiver” Bundle – The Platinum Rule

Adopt the complaint **Platinum Rule**

*“Whoever hears the complaint... becomes that patient’s saint”*

– Brian Lee, CSP

**Recommendation**

**Step #1** Begin with the **Six Foot Rule**

**Step #2** Issue a **License to Please**

*“Whoever sees, hears or anticipates a patient need is authorized to do whatever it takes to create a positive Patient experience”*

- The CEO

*The “Everyone’s-a-Caregiver” Bundle – The Platinum Rule (cont’d)***Step #3**

- a. Conduct a **30 min workshop** to educate everyone on your Platinum Rule
- b. Give the Rule a name unique to your hospital, example: ***The Mercy Way***
- c. Lead **role-playing** on how to bring it to life based on your:
  - Mission/Vision Statement
  - Values
  - Care Promises/Service Standards

**Step #4**

Set a goal to **recognize at least 3 examples** of “Platinum Rule” personal initiative, on the spot, and/or at every weekly Service Huddle

**Question:** What **percentage** of your staff see themselves personally as **owners of your hospital**?  
What **percentage should**?

**The “Everyone’s-a-Caregiver” Bundle – No Pass Zone**

**Question:** *Do you have an effective **No Pass Zone** culture?*  
Could you turn your whole hospital into one big “**No Pass Zone**”?

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*Sensitize every staff member to always recognize, greet, acknowledge – **and be responsive** to the needs of patients and families. They are guests in our house.*

**“No Pass Zone” = “No walk-by’s”**

- Educate staff with the expectation that **no one ever ignores a call light --- or walks by** a patient/family-member requesting help.
- Non-clinical staff also know if they can’t help directly, it’s **their job to quickly find someone who can** lend assistance to the patient.

***Team DO IT Recommendation*****Step #1**

Appoint a DO IT Team to author a new policy, or review and energize your existing NO PASS policy.

**Step #2**

Adopt a slogan “*You shall not Pass*”

**Step #3**

Organize a launch campaign. Make it fun.

- Write a song
- Record a Youtube Video
  - Check out OK University Hospital’s “No Pass”
  - Check out Adventist Health “Rounding Queen”

**Step #4**

Schedule a 30 min nursing lunch and learn or incorporate a **No Pass Zone module** in an annual 3 hour Everyone’s-a-Caregiver seminar/webinar.

**NOTE** – Beware spending 5 or 10 minutes and mentioning the idea at a busy staff meeting. It will not gain a buy in and change behavior.

The “Everyone’s-a-Caregiver” Bundle – No Pass Zone (cont’d)

**Step #5** Make it imperative that leadership model the behavior 24/7

**Question:** What do you see as the benefits of a **No Pass Zone**?  
Who needs to **own** this initiative?

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**The “Everyone’s-a-Caregiver” Bundle – SERVE/AIDET**

**Question:** What’s your system for **consistently establishing rapport with patients**? You may recall we discussed **two optional ways** to engage patients and establish rapport in Webinar #6:

**Key Questions**

As you wrap up every visit:

- “What questions can I answer for you? **I have the time.**”
- “Is there anything else I can do for you? **I have the time.**”
- “What’s the **most important thing** I can do for you **right now**?”

**Our Mantra:**  
“We are all caregivers...”  
“We are all first responders”

**Team DO IT Recommendation**

**Step #1** Review the HBS Relationship Based Nurse Communication – SERVE/AIDET Module, if you haven’t done so already, and take action as recommended.

**Step #2** Schedule a 30 min nursing lunch and learn or incorporate a **SERVE/AIDET module** in an annual 3 hour Everyone’s-a-Caregiver seminar webinar.

**Question:** Without looking, can you recite what SERVE or AIDET stand for?

**S.E.R.V.E**  
*with Empathy, Intent and Compassion*

**S**low down, smile & greet  
Example: “Good morning, may I come in? How are you today, Mrs. Smith?”

**E**xplain who you are, & what you do  
Example: “My name is Lynne. I’m one of the team taking care of you today. I’m from the lab. Your doctor ordered some blood samples. I’ve been certified as a Phlebotomist for eight years and I’ve done thousands of these procedures. You’re in good hands!”

**R**espond to the patient’s needs & estimated time  
Example: “It will take me about five minutes to take the blood sample. You can expect to have test results within four days.”

**V**alidate the patient’s expectations & concerns  
Example: “Your doctor has ordered three blood tests. The tests will tell him what he needs to do to help you feel better. So, to draw a sample, first I’ll tie a band on your upper arm, and then you’ll feel a slight pinch. Do you have any questions before we get started?”

**E**xpress thanks for the opportunity to serve  
Example: “We’re all done. Thank you for allowing me to take care of you. Do you have any questions before I go, or is there anything else I can do for you? I have the time.”



Acknowledge  
Introduce  
Duration  
Explanation  
Thank You

**Be Cool...  
use AIDET**

# 2

## Tools, Equipment and Resources

### 1. Patient Navigators:

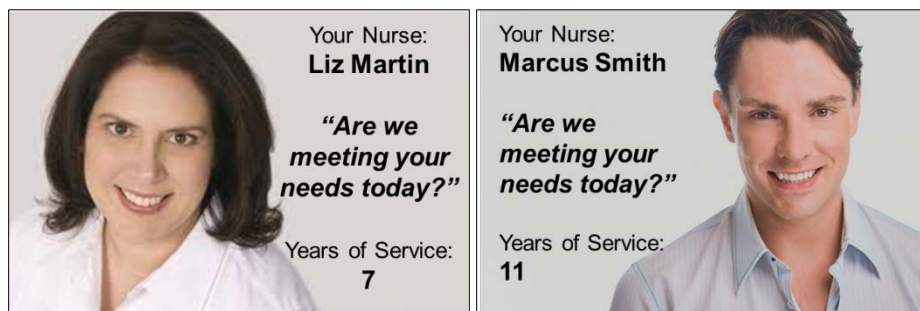
Individuals who guide patients through and around barriers. Integrate / assist patients through our complex healthcare system.

#### Navigators for:

- Clinical challenges.
- Lay problem-solving.
- Insurance guidance.

### 2. Unit Clerks:

- Leverage unit clerks to assist in responding to patient's needs.
- Scripting and training for unit clerical staff will give them confidence, allow clerks to contribute to an excellent patient experience



### 3. Patient Who-Does-What Poster and or Brochure

Responsiveness Comes in Many Colors

### 4. Hourly Rounding Name Badge Jogger

#### 7 Ps of Responsiveness for Hourly Rounding

1. Pre-empt the call
2. Promptly respond
3. Potty – take when awake
4. Provide information/ POC
5. Pain – ask acceptable & current level
6. Position for comfort
7. Place items within reach

### 5. Setting Expectations with Patient for Responsiveness:

- a. Acknowledge patient by name
- b. Introduce yourself/role
- c. *“We want to provide excellent care by ALWAYS getting you help as soon as you want it.”*
- d. *“Please let us know when you press your call button if your need is URGENT.”* (i.e. bathroom, sx/change, pain). Reassure that someone will respond to help. (Show call button use/demo)
- e. *“Thank you for your patience.”*

Tools, Equipment and Resources (cont'd)

## 6. Bulletin Board Poster

*“To get help at soon as want it: Call the nurse or nursing assistant listed on the whiteboard or press the red call button.”*

## 7. Patient & Family-Centered Care Boards

## 8. Care Promise/We Promise Brochure

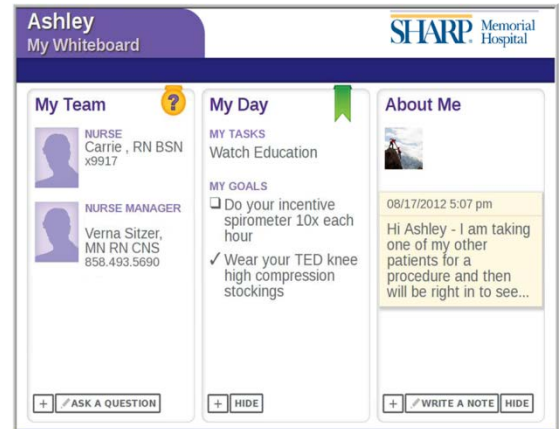
## 9. Videos – No Pass Zone

## 10. Provide direct access to services (e.g. telephone extensions for various departments) on white board

## 11. Signs limit traffic where patients need rest

## 12. Up to Date Call Light & Phone Technology

## 13. An in-room chair makes it easy to chat



**Question:** Which Responsiveness tool (or combination) could you better utilize?

- |  |  |
|--|--|
| <input type="checkbox"/> Patient Navigators          | <input type="checkbox"/> Bulletin Board Posters              |
| <input type="checkbox"/> Unit Clerks                 | <input type="checkbox"/> Patient/Family Centered Care Boards |
| <input type="checkbox"/> Care Team Face Sheets       | <input type="checkbox"/> Care Promise Brochures              |
| <input type="checkbox"/> Who Does What Posters       | <input type="checkbox"/> No Pass Zones                       |
| <input type="checkbox"/> Hourly Rounding Name Badges |  |

# 3

## Staff Scripting “Conversation Starters”

**Question:** What would be the value of using **these key words at key times?**

We call them:

- Empathizers, or
- Sentence Starters, or
- Conversation Starters

Find ways to tell patients our goal is always a timely response.

### Hourly Rounding:

- *“We always want to meet your needs and provide you with the very best care. **We’ll be in at least every hour** to check on you. If at any time you need more help, please just press your call button.”*

Check with patients to make sure you’re hearing what they’re saying. Respond with mirroring skills or **paraphrase**, like this:

- *“So, as you see it...”*
- *“I think what I hear you saying is... Do I have that right?”*
- *“In other words, it sounds like you...”*

Staff Scripting “Conversation Starters” (cont’d)

### **Conversation Starters Continued:**

Avoid words that **don’t work:**

- **Don’t use:** “We’re short-staffed...” or, “We’re so busy today...”
- **Don’t say:** “We’re having a problem with our lab this week...”
- **Don’t complain:** “We haven’t ironed out all the kinks in our new admitting procedure...”
- **Don’t pass the buck:** “Sorry, that’s not my job...”
- **Don’t play the blame-game:** “It’s not my fault. Ted screwed it up!”

### **Beware the “I’ll Be Right With You” Response:**

- “I’ll be right with you...” or, “I’ll be right back...” can mean one thing to a patient – and something quite different to the caregiver.

**Instead, give an approximate time:**

- “It’ll take me five minutes to get your bath ready.”
- “Your pain medication is due in 15 minutes. I’ll be with you in 10.”

**Being responsive includes using these softeners:**

- “Just out of curiosity...”
- “Approximately...”
- “In your view...”
- “By the way...”
- “Normally...”
- “Just offhand...”
- “Would it help to consider the idea that...?”
- “May I ask you a question?”

### **Responsiveness = Empathy**

When we are empathic we enter into a **privileged intimacy** with another human being. People say:

- “She’s my nurse, and she really ‘gets’ me!”
- Or, “He takes me seriously!”

**Empathy sounds like this:**

- “I can tell you’ve had a tough time...”
- “I can see why you’re discouraged!”
- “I can tell you’re disappointed...”
- “I can only imagine the feelings you are experiencing.”
- “I can certainly see why you feel/think/say that...”
- “Yes, it’s a rotten break, and here’s what we can do about it...”
- “It would have been better if it didn’t happen, and here are the steps I’m taking to correct it...”

**Conclusion:** Pick 3 Best Practices and implement brilliantly.



## Team DO IT Plan

- 1. Recruit and **train the best of your “go-to” frontline staff** to teach a hospital wide 3 hour workshop on the essential skill sets for HCAHPS success. Be sure to offer an additional **nursing specific** and **new hire orientation** educational session as well. *(Request information on today’s evaluation form about the HBS 3 hour Frontline Webinar Series)*
- 2. Implement regular monthly **DO IT Meetings**. Be diligent in scheduling them and deciding which patient dissatisfier your unit will work to eliminate continuously
- 3. Monitor how well you’re doing in your quest for excellence in service to your patients and families by holding **weekly 15 minute huddles** to assess progress, improve processes, and recognize achievement
- 4. Set patient expectations regarding staff responsiveness with Admitting. Train Admitting staff to reduce patient anxiety and make our guests feel welcome. Create your own **“Care Promise Expectation Management Card/Brochure”**
- 5. Conduct an **audit of your current call light/phone system** and update. Get a buy-in for an **“Organization Wide” no pass zone policy**
- 6. Enroll all bedside caregivers in a **renewed commitment to hourly patient rounding**. “If scores are not improving or fluxating, conduct a nurse focus group, and use the LEAN, or PDSA or Rapid Cycle Improvement Process to revitalize your rounding system” Appoint an **hourly rounding champion** on every unit
- 7. Review the HBS Relationship-Based **Bedside Reporting** Nurse Communication Module, if you haven’t done so already and take action as recommended. Schedule a 30 minute Nursing Lunch and learn or incorporate Bedside Reporting in an annual 3 hour Nursing Seminar/Workshop
- 8. Appoint a **performance improvement team** to design and pilot, train, and gain buy-in, house wide for the use of proven **Service Recovery Policy**. Empower all staff to use this program without needing to gain permission from a manager
- 9. Be sure to include training to implement the **Platinum Rule**: “Whoever hears the complaint, becomes that patient’s saint”
- 10. Review the HBS Relationship-Based Nurse Communication – **SERVE/AIDET Module**, if you haven’t done so already, and take action as recommended. Schedule a 30 minute Nursing Lunch and Learn, or incorporate a SERVE/AIDET Module in an Annual Three Hour Everyone-is-a-caregiver Seminar/Webinar
- 11. Request your **Free Webinar Implementation Tools**, via the evaluation form:  
Service Recovery Tool Kit and Rapid Cycle Improvement Planner
- 12. Make the Minutes from your review of this Team DO IT Plan, your **“Staff Responsiveness Strategic Plan,”** and forward to your Executive Team and managers

# Tools & Resources

To support your team to achieve its HCAHPS performance improvement goals, we are pleased to offer these value added Educational Resources and Implementation Tools. For more information give us a call at 800-667-7325, or email [webinars@customlearning.com](mailto:webinars@customlearning.com).

- One Hour (Free) Coaching Call**  
Problem solve & overcome barriers with this powerful value added Webinar Series benefit.
- The Everyone's a Caregiver™ App**  
A time-sensitive web-based learning tool to educate and empower everyone in your hospital, and improve patient satisfaction scores.
- The CEO's Service Excellence Initiative™** (no charge – travel expenses only)  
A comprehensive 2 day Service Audit and dynamic 4 hour HCAHPS Leadership Seminar
- HCAHPS HOPE Plan™** - Implementation System  
A systematic Blueprint/Tool Kit to continually improve and sustain HCAHPS scores.
- The Frontline Culture of Engagement Initiative™**  
Create a sustainable culture of employee empowerment as an Employer of Choice
- The DO IT Implementation Meeting™** – Train-the-Trainer Course  
A "How-To" System to engage everyone in continuously improving HCAHPS and the Patient Experience.
- Transforming the Patient Experiences™** - Self Study System  
A turnkey, interactive, and engaging cost effective skills based learning system.
- The 17<sup>th</sup> Annual HealthCare Service Excellence** - [www.HealthCareServiceExcellenceConference.com](http://www.HealthCareServiceExcellenceConference.com)
  - February 6 - 8, 2017, Hilton Long Beach, Long Beach, CA
  - National Symposium on HCAHPS Success – February 6, 2017
- Brian Lee, CSP, Onsite Keynote Presentation**
  - The Magic of Engagement™
  - The Six Secrets of a World Class Patient Experience™
  - The HCAHPS Hospital of Choice™

**Participant Satisfaction Report**

**PLEASE PRINT**

This Evaluation Page can also be found at: [www.lads.customlearning.com/feedback.php](http://www.lads.customlearning.com/feedback.php)

Email [review@cls.com](mailto:review@cls.com) Password: 123456

Or, Email/Fax this form: [webinars@customlearning.com](mailto:webinars@customlearning.com), / 403-228-6776

*You've just heard from us, now we'd like to hear from you. Thank you.*

We **totally employ** about # \_\_\_\_\_ full and part time staff, at \_\_\_\_\_ facilities.

1. **For me, the most valuable idea I learned and intend to use is:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2. **What I would tell others about the quality of the speakers and value of the content:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

O.K. to quote me: YES NO

3. **Presentation improvements I would suggest:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

4. **On a scale of 1 - 5, this presentation:** (Met My Expectations) 5 4 3 2 1 (Did Not)

5. **Featured Implementation Tool:**

- Yes A. Information – Relationship Based HCAHPS **Skills for Nursing**
- Yes B. Information – HCAHPS Based-Patient Experience **Skills for Everyone**
- Yes C. **Service Recovery** Tool Kit
- Yes D. **Rapid Cycle** Improvement Planner
- Yes E. Interested in Scheduling Our Team **Coaching Call**

6. **P.S. – My Best Tip:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

More on Reverse

**PLEASE PRINT**

First/Last Name: \_\_\_\_\_  
 Organization: \_\_\_\_\_ Position: \_\_\_\_\_  
 Address: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Bus. Phone:(\_\_\_\_\_) \_\_\_\_\_ Extension: \_\_\_\_\_ Cell: (\_\_\_\_\_) \_\_\_\_\_  
 \*Email: \_\_\_\_\_